



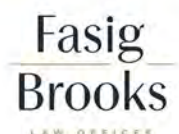
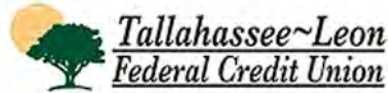
**9TH ANNUAL GIRLS
LEADERSHIP CONFERENCE**

JUNE 21-23 | 2019

**FLORIDA STATE UNIVERSITY
Tallahassee, FL**

LADIES LEARNING TO LEAD

Our Sponsors





9th Annual L3 Leadership Conference

Schedule of Events

Friday, June 21, 2019

- 5:00 PM Parent & Participant Check-in – **DeGraff Hall – 810 W. Tennessee St., Tallahassee**
Networking Bingo
- 6:30 PM Sponsor Reception – **HCB Building FSU Campus - 2nd Floor – Mezzanine**
- 6:30 PM Networking 101
- 7:45 PM Welcome & Opening Remarks – **HCB Building - Room 103**
- 8:00 PM Dinner Session – Knowing Your Value & Worth: The Masterpiece in the Mirror
- 9:30 PM Relationship Building & Toxic Relationships – **DeGraff Hall**
- 10:30 PM Small Group Break
- 11:00 PM Lights Out

Saturday, June 22, 2019

- 7:00 AM Yoga & Meditation
- All sessions for the day to be held in the FSU State Ballroom at 75 North Woodward Avenue**
- 8:30 AM Breakfast Session – Women in Politics & Leadership
- 9:45 AM Small Group Break
- 10:15 AM Resume Writing & Mock Interviews
- 11:30 AM Leadership 101
- 12:30 PM STEM & Career Mentor Lunch: *Learn from Women in STEM & Various Fields*
- 2:00 PM Body Image & Dressing for Success
- 3:00 PM Siesta
- 4:30 PM Car Buying 101
- 5:15 PM Money Management
- 6:15 PM Small Group Break
- 6:45 PM Coping with Depression: Make Room for Your Crown
- 7:45 PM Dinner & Special Treat – **Tennessee Street**
- 9:30 PM Social Media Etiquette – **DeGraff Hall**
- 11:00 PM Lights Out

Sunday, June 23, 2019

- 8:00 AM Breakfast – College Prep Panel - **Landis on the Green**
- 9:00 AM Official Florida State University Campus Tour
- 10:45 AM Closing Remarks
- 11:00 AM Checkout/Departure – **DeGraff Hall**

LADIES LEARNING TO LEAD

PO Box 2091 | Tallahassee, FL 32316



Programs

Annual Leadership Conference

An overnight Conference at a Florida University with sessions on college and career prep, exposure to S.T.E.A.M. fields, financial literacy, civic engagement, and more. National professional female speakers empower young ladies to become leaders. Designed for young ladies in middle and high school.



STEM Leadership Program

An afterschool program that provides hands-on training in coding, leadership development and careers in STEM. Providing proven success with confidence-building, encouraging topics, introduction to STEM careers and understanding the importance of women pursuing careers in STEM. Designed for girls in grades 5-12.



Career Mentoring Program

A mentoring program that pairs professional women with young ladies in grades 6-12 who are interested in the same field. L3 curriculum is used by mentors and mentees to cover learning basic job-readiness skills, college-prep skills, and personal development life skills. Mentees experience on-the-job training in this 10-month program. Workshops and leisure activities are offered monthly.



Financial Wellness Workshop

Training in financial literacy through the National Endowment for Financial Education. Presentations by banks and credit unions teaching financial management, budgeting, checking account management, debit card management, and the importance of saving. Designed for young ladies in middle and high school.



Community Leadership Forum

A platform for young ladies to serve as the experts on important current and critical issues that affect youth and girls. Young ladies serve on a panel speaking and answering questions to inform the community on the issues they are facing, and how they can be resolved. Designed for young ladies in middle and high school.



P: 850.445.3144
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KEEP UP WITH US DURING THE
LEADERSHIP CONFERENCE ON:
Facebook: Ladies Learning to Lead – L3
Twitter: @L3Ladies
Instagram: @L3Ladies
#L32019

Check the Leadership Conference Website
for updates:
<https://l3conference.planningpod.com>



Speakers and Mentors



Dr. Marcella Torres
Emcee & Social Media Etiquette



Michelle Dean
Value & Worth: The Masterpiece in the Mirror



The Honorable Gwen Graham
Women in Politics & Leadership



Dr. Michelle Mitcham
Relationship Building & Toxic Relationships



Beth Oberacker
Resume Writing & Mock Interviews



Briana Smith
Body Image & Dressing for Success

Speakers and Mentors



Jessica Yeary
Leadership 101 – Panel Session



Trasetta Alexander
Networking Session



Cherrie Barbree
Career Mentor, Corporate



April Fitzpatrick
Coping with Depression: Make Room for Your Crown



Kathleen Gredler
Yoga & Meditation



Dr. Denise Barrett
Body Image & Dressing for Success

Speakers and Mentors



Kathy Mears
Career Mentor, Law



Terrance Barber
Car Buying 101



Elizabeth Hughes
Leadership 101 – Panel Session



Danette McBride
Career Mentor & Facilitator



Cristina Paredes
Body Image & Dressing for Success



Winnie Heggins
Leadership 101 – Panel Session

Speakers and Mentors



Tawana Carter
Career Mentor, Law



Dr. Feleccia Moore-Davis
Career Mentor, Higher Education



Artrice Shepherd
Leadership 101 – Panel Session



Gabriela Rodeiro
Career Mentor, Chemist



Branden Giraudy
College Prep Panel



Pamela Ridley
Career Mentor, Entrepreneur

Speakers and Mentors



Carelys Trujillo
College Prep Panel



Christic Henry
Leadership 101 – Panel Session



Allie Brannan
Career Mentor, Meteorologist



Amber Hall
Career Mentor, Attorney



Ana Melendez
Career Mentor, Entrepreneur



Brett Hanna
College Prep Panel

Speakers and Mentors



Shae Hammack
College Prep Panel



Kennedy Guidry
College Prep Panel



Katrina Alexander
Money Management



Tiffany Baker
Career Mentor, Attorney



Gabriela Hoofatt
Career Mentor, Sales



LaCora Handsford
Career Mentor & Entrepreneur

*I am a
Leader*



The Honorable Gwen Graham

In 2015 Gwen Graham became the United State's Representative of Florida's Second Congressional District. Growing up she saw her father, Democratic Florida Governor and United States Senator Daniel Robert (Bob) Graham, build personal relationships with voters and prioritize his work in Congress for the people of his state. Gwen Graham was determined to do the same in the House. With her victory, Graham became the 13th woman in U.S. history to follow her father into Congress.

Gwen Graham was born in Miami Lakes, Florida, on January 31, 1963. Her mother, Adele Khoury, began her career as a public school teacher in Massachusetts and later spent 25 years as a school volunteer. Her father, Senator Bob Graham, ascended through Florida politics and became well known across the state. In 1979 then-state senator Graham won election as governor, and Gwen Graham and her three younger sisters moved to Tallahassee to live in the governor's mansion with their parents.

Graham graduated from Leon High School in Tallahassee in 1980. She earned a BA in political science from University of North Carolina at Chapel Hill in 1984 and married Mark Logan in 1985. After earning a JD from American University in Washington, DC, in 1988, Graham worked in a law firm focused on energy and environmental issues. In 1990 with the birth of her first child, Sarah, Graham temporarily stopped practicing law and worked from her home in Florida. She later had two sons, Graham and Mark.

For Gwen, education isn't just an issue on a position page, it is a passion that has defined most of her adult life. As a mother, Gwen raised three children who attended Florida's public schools, volunteering countless hours in their classrooms. As a lawyer, Gwen worked for the Leon County School District, working with parents, teachers, and administrators to increase teacher salaries and raise standards.

Graham retired from the House at the end of her term. In May 2017, Graham announced her candidacy for governor of Florida. She was Florida's only female candidate. While running for Governor Gwen commented on the importance of having a female in leadership, saying, "Women know that other women have the ability to be a voice that ends the chaos, ends the negativity, ends the inability ... of getting anything done."



Kathy Mears

Kathy Mears is the Chief Legislative Affairs Officer for Florida State University. Prior to her work at Florida State University, Ms. Mears spent twenty years in various leadership positions in the Florida House of Representatives, the Florida Senate, and the Florida Governor's Office. She most recently served an unprecedented back-to-back term as the Chief of Staff for two Florida House Speakers.

As the Chief lobbyist at the State Capitol for FSU, Ms. Mears and her office staff work as a liaison between the FSU community and the executive and legislative branches of government. Special emphasis is placed on monitoring the Florida legislative process, from which the University receives funding.

Ms. Mears earned her bachelor's in sociology, graduating summa cum laude, and earned her master's in Public Administration from Florida State.





Samantha A.C. Vance, Founder & Executive Director

Bold. Passionate. Dedicated. Samantha Vance, migrated from a first-generation college graduate to a social entrepreneur, business owner, author, and Commissioner on the Status of Women and Girls for the City of Tallahassee and Leon County. She started her businesses while working full-time, exuding perseverance and resilience. Samantha's focus is in small business and nonprofit development, and her greatest passion is developing young women into future leaders. She believes in spreading LOVE, and light, and standing on the principles of GOD.

As the Founder and Executive Director of Ladies Learning to Lead (L3), an organization that prepares young ladies in middle and high school for college, careers, and life, Ms. Sam as the youth call her, provides mentorship, professional development training, and life plans for young ladies.

Samantha was selected as one of Tallahassee's top professional African American's of the year for 2019 to be featured in the African American History Calendar created by Tallahassee Community College. Samantha is the President of the Leon County Alliance for Girls, Fundraising Chair for Tallahassee Healing Prayer Ministries and functions as a board member for AMI Kids Tallahassee, Big Brothers Big Sisters of the Big Bend, and Whole Child Leon. Samantha is a graduate of Florida State University with a Bachelor's in Political Science, minor in Public Administration and holds a certificate in Nonprofit Executive Management from the Jim Moran Institute for Global Entrepreneurship.



*I am a
Leader*

Dr. Marcella Torres, President

Dr. Marcella Torres is an author, educator, motivational speaker, expositor, trainer, workshop facilitator, esteem lecturer, life coach and an advocate for children and families. She serves the community of Tallahassee as a Principal and Curriculum Specialist for Kingdom Life Preparatory Academy. She is a well sought-after speaker who has graced many platforms and changed many lives.

Marcella holds a ministerial license and has been in ministry for over 30 years. With straight talk and classic humor her delivery is transforming and powerful; provoking immediate change. Her motto is, "Life is not defined by the number of breaths you take but by the moments that have been breath taking."

We must make every moment count, by making it Teachable. Having conducted many life changing workshops such as, Leadership 2000, Unmasking Sexually Con-Games, Understanding My Child, Parenting 101, Creating a Safe Environment, Conflict Resolution, Cultural Diversity, Understanding the People I Work With and Money Management and Goal Setting, she considers herself to be on the cutting edge; using old fashion principles and simple practices to make positive change.

As the Founder and CEO of Let's TALK Training and Consulting Group, she has over 30 years of experience in working with families and at-risk youth. She is currently employed as Principal and Director of Symphony Seven School of Arts and Technology.

She is a member of Delta Sigma Theta Sorority Inc. and ZONTA International, where she serves her community and the local families as an advocate fighting for women's rights, education, child welfare and social reform. Serves is the key to her life's work. She sits on the board of directors for World Youth Ministry.

She is also a member of Life Changer's Church of God In Christ, where she faithfully serves as, a charter member, board of directors, licensed evangelist, minister, praise and worship leader, Sunday School Superintendent on local and state level, youth worker and counselor, director of special programs, and works diligently with the music and women's department. She is heavily involved in her church and community in work and deed.

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Christic Henry, Immediate Past President

Love for community, youth, and grassroots advocacy drives the passionate volunteerism of Christic Henry. A former AmeriCorp volunteer at Bond Elementary School, Christic's love for Tallahassee blossomed under the care and support she received from Southside neighbors during her term of service. A 2003 graduate of FSU, for 11 years Christic and her husband Karlus have owned and operated Kingdom First Realty, an independent full service real estate brokerage where she serves as President/Managing Broker. Christic is a certified foreclosure and (mortgage) default intervention specialist, certified residential specialist, and a 2006 certified leadership graduate of the Tallahassee Board of Realtors. She also has served the City of Tallahassee as a Program Facilitator/Mentor for the Smith Williams Service Center Girls Mentoring program- also known as DIVAS- where she has mentored over 350 young women during her six week summer program over the past seventeen years in Southside Tallahassee.

Christic's community involvement includes being the first African-American woman to serve as president of CONA, appointee and past chair of Blueprint 2000 Citizens Advisory Committee, appointee of the Leon County Sales Tax Committee and the City of Tallahassee Utilities Citizens Advisory Committee, past vice-president of the Smith Williams Service Center Foundation, Inc., past president of Ladies Learning to Lead- a local leadership development organization for young women- and an advocate for youth and neighborhoods throughout Tallahassee/Leon County in various contributive capacities. For the past 7 years, Christic has served as programs and events chair for CONA and has coordinated the Annual Neighborhood Recognition Cycle and Awards- a joint effort of CONA, Leon County, and the City of Tallahassee- to recognize the efforts and contributions of active neighborhoods, neighbors, public servants, and business neighbors. Christic is currently working with staff at Tallahassee Lenders Consortium (TLC) on an Urban Neighborhood Leadership Initiative where, most recently, three Southside neighborhoods have been selected to attend a national Neighborworks Community Leadership Institute (CLI) in Louisville, KY to receive intensive training on neighborhood leadership and grassroots community advocacy. This group will also have the opportunity to develop a joint project of impact and submit for national grant funding.

Kingdom First Realty was recently recognized by CONA as 2014-2015 Business Neighbor of the Year and nominated in 2014 as Small Business of the Year by the Big Bend Minority Chamber of Commerce (BBMC). Christic has been honored by the Tallahassee Board of Realtors as the 2013 Presidential Spirit Award recipient and the Tallahassee Network of Young Professionals 2014 Golden A.C.E. in Real Estate. She was also recognized in 2011 by the Tallahassee Democrat newspaper as one of "25 Women you Need to Know". Christic is a devoted member of Providence Reformed Baptist Church

Thanks

Many thanks to the L3 Team

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Shae Hammack

Samantha Vance
Founder & Executive Director





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